Safe Work Method Statement

Complex Solutions

Prepared 15/01/2021

Trade: Principle Contractor Description of Work: General Cleaning Responsible Person: Operations Manager / Site Supervisor/ Cleaner





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CAUTION WET FLOO



Table of Contents

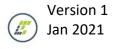
Waste Removal	3	Dusting	16
Dry & Wet Mopping	5	Glass Cleaning	18
Sweeping Floors	7	Transporting and Using Chemicals	20
Vacuuming	9	Risk Matrix	22
Toilet Cleaning	11	Hierarchy Management	23
High Dusting	14	Completed Training document form	24



Work Method Statements			
Activity:	Wa	ste Removal	Name: Ash Jones Signature:
Likelihood: Possible			Position: General Manager
Potential Consequences: Mino	or	Risk: Medium	Date: 15.01.2021
Responsible Person: All worke	rs		Area / Activity: Garbage bins
ACTIVITY		POTENTIAL HAZARDS	CONTROLS MEASURES
Rubbish collection from bins in public areas	- 9	Infections diseased from sharps Strains/sprain injury from lifting bin off floor	 Ensure staff are trained in manual handling, sharps collection and disposal and appropriate safe work procedures Write up or reproduce and make available safe work procedures for collection and disposal of sharps Wearing PPE
Rubbish transferred from bins into lager industrial waste bins		Strain/sprain from opening heavy lid of industrial waste bin in dock	 Ensure staff are trained in manual handling Utilise mechanical lifting wherever possible
Liners to be replaced on bins	=	Strains/sprain injury from lifting bin off floor Ergonomic hazards such as poor work posture Cuts/abrasions from broken glass	 Ensure staff are trained in manual handling Job rotation Train staff in removing sharp objects form waste containers and wrapping and placing in appropriate recycling container



TRAINING REQUIRED TO COMPLETE ACTIVITY	CODES OF PRACTICE, LEGISLATION, STANDARDS WHICH APPLY TO THIS ACTIVITY			
 Manual handling Sharps collection and disposal safe work practices general 	 WHS Act and Regulation NSW 2011 Code of Practice - Hazardous manual tasks Code of Practice - How to manage work health and safety risks 			
LIST EQUIPMENT / PERSONAL PROTECTIVE EQUIPMENT REQUIRED FOR THIS ACTIVITY	LIST EQUIPMENT MAINTENANCE CHECKS REQUIRED FOR THIS ACTIVITY	ENGINEERING CERTIFICATES/PERMITS/APPROVALS REQUIRED FOR THIS ACTIVITY		
 Sharp containers / tongs & tong container Gloves Mechanical lifting device if necessary 	 Checks on mechanical lifting device 	• Nil		



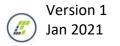
Work Method Statements				
Activity: Dry	& Wet Mopping	Name: Ash Jones Signature:		
Likelihood: Possible	Risk: Medium	Position: General Manager		
Potential Consequences: Minor	Nisk. Weddull			
Responsible Person: All workers		Area: Toilet Areas, Common Areas,		
ACTIVITY	POTENTIAL HAZARDS	CONTROLS MEASURES		
Mopping in 2-metre wide sections	 Slip, trip, fall, causing abrasions, sprains and strains Ergonomic hazards such as poor work posture 	 Procedures available and understood by cleaners Ensure foot is secure on base prior to activating ringers, pull in an upward motion Wear footwear with good non-slip sole tread. Put mop and bucket back immediately after use Place waring signage in position appropriate to the need Do not allow the floor to become too wet To avoid back strains, use a straight back posture when mopping Rotate jobs when repetitive work is required 		
Moving the mop from cleaners cupboard to work spot and wrung dry using a twisting & puling motion	 Strain/sprain from opening heavy lid of industrial waste bin in dock 	 Ensure staff are trained in manual handling Utilise mechanical lifting wherever possible 		



Activity: Mopping (Cont'd)		Area: Toilet Areas, Common Areas, Theatres	
ACTIVITY	POTENTIAL HAZARDS	CONTROLS MEASURES	
Placing detergent solution in to bucket, charging and changing	 Contact with chemicals- incorrect handling procedures Lack of information Not wearing PPE Incorrect storage Elevated exposure levels 	 Hazardous substances risk assessments, SDS, chemical specific instructions and PPE relative to the chemical in place Substances stored and labelled and stored correctly Safety rules for SDS made aware of and available 	



Activity: Sweeping Floors		Name: Ash Jones Signature:	
Likelihood: Low	Risk: Medium	Position: General Manager	
Potential Consequences: Moderate			
Responsible Person: All workers		Area: Toilet Areas, Common Areas	
ACTIVITY POTENTIAL HAZARDS		CONTROLS MEASURES	
Sweeping in a straight line using overlapping strokes and pushing the broom away from the body	 Slip, trip, fall, causing abrasions, sprains and strains Oily work floors Untidy work areas Cluttered aisles or passageways Steep or slippery steps and stairs Poorly lit work areas and walkways Ergonomic hazards such as poor work posture Manual handling causing muscular/skeletal injury 	 Procedures available and understood by cleaners Risk assessment of activities undertaken prior to commencement of work To avoid back strains, use a straight back posture when sweeping Rotate jobs when repetitive work is required Training and assessment of competency, including manual handling specific to the task Do not stretch beyond your capacity 	



TRAINING REQUIRED TO COMPLETE ACTIVITY	CODES OF PRACTICE, LEGISLATION, STANDARDS WHICH APPLY TO THIS ACTIVITY		
Manual handlingsafe work practices general	 WHS Act and Regulation NSW 2011 Code of Practice - Hazardous manual tasks Code of Practice - How to manage work health and safety risks 		
LIST EQUIPMENT / PERSONAL PROTECTIVE EQUIPMENT REQUIRED FOR THIS ACTIVITY	LIST EQUIPMENT MAINTENANCE CHECKS REQUIRED FOR THIS ACTIVITY	ENGINEERING CERTIFICATES/PERMITS/APPROVALS REQUIRED FOR THIS ACTIVITY	
 Gloves Correct broom to be selected for the particular surface 	 Equipment to be checked before use and after use for damage or unsafe condition 	• Nil	



Work Method Statements Activity: Vacuuming Name: Ash Jones Signature: 4. Ton **Position:** General Manager Likelihood: Possible **Risk: Medium** Date: 15.01.2021 **Potential Consequences: Minor** Responsible Person: All workers Area: Carpets, Common area **ACTIVITY POTENTIAL HAZARDS CONTROLS MEASURES** Slip, trip, fall, causing abrasions, • Ensure path is clear of obstructions, always walk forwards whilst Vacuuming sprains and strains vacuuming. Oilv work floors • Ensure equipment is in good condition prior to using, with no cuts or Untidy work areas tangles in cables. Cluttered aisles or passageways • Ensure switched off prior to plugging in to outlet. Steep or slippery steps and stairs Be aware of others in the work area as lead could be trip hazard. н. Poorly lit work areas and walkways Rotate jobs with others on repetitive works. Ergonomic hazards such as poor work Replace bag regularly, do not shake out creating excessive dust. posture Transporting the vacuum from the Manual handling causing Training and assessment of competency, including manual handling cleaners cupboard to the cleaning muscular/skeletal injury specific to the task

Do not stretch beyond your capacity



sites Transporting the vacuum from

the cleaners cupboard to the

cleaning sites

Activity: Vacuuming (Cont'd)		Area: Carpets, common area	
ACTIVITY	POTENTIAL HAZARDS	CONTROLS MEASURES	
Plugging the vacuum in	 Electrocution Faulty leads, no earth leakage Electric leads on ground may be a tripping hazard 	 Risk assessment of activities undertaken prior to commencement of work Power leads to be checked for fraying or exposed wires, any power lead to be kept behind machine at all times to prevent machine from cutting or damaging lead. If any defect is noticed, discontinue use immediately, attach faults tag and report it to supervisor for rectification. 	

TRAINING REQUIRED TO COMPLETE ACTIVITY	CODES OF PRACTICE, LEGISLATION, STANDARDS WHICH APPLY TO THIS ACTIVITY		
Manual handlingsafe work practices general	 WHS Act and Regulation NSW 2011 Code of Practice - Hazardous manual tasks Code of Practice - How to manage work health and safety risks Code of Practice - Managing electrical risks in the workplace Code of Practice - Managing noise and preventing hearing loss at work 		
LIST EQUIPMENT / PERSONAL PROTECTIVE EQUIPMENT REQUIRED FOR THIS ACTIVITY	LIST EQUIPMENT MAINTENANCE CHECKS REQUIRED FOR THIS ACTIVITY	ENGINEERING CERTIFICATES/PERMITS/APPROVALS REQUIRED FOR THIS ACTIVITY	
GlovesVacuum	 Equipment to be checked before use and after use for damage or unsafe condition 	• Nil	



Work Method Statements			
Activity: Toilet Cleaning		Name: Ash Jones Signature:	
Likelihood: Unlikely	Disk Low	Position: General Manager	
Potential Consequences: Minor	- Risk: Low	Date: 15.01.2021	
Responsible Person: All workers		Area: Toilets	
ACTIVITY	POTENTIAL HAZARDS	CONTROLS MEASURES	
Wash & scrub all parts of toilet and urinals using abrasive cleaner on stubborn marks Starting from the highest point and using the other cloths, wipe down the cistern, pipes, toilet roll holder, sanitary units and marks on walls	 Slip, trip, fall, causing abrasions, sprains and strains Ergonomic hazards such as poor work posture 	 Procedures available and understood by cleaners Risk assessment of activities undertaken prior to commencement of work Wear rubber gloves Disinfect toilets. Poaur chemicals into bucks avoiding splashing. Ensure cleaning cloths are not used to wipe down food or any bench or desk top areas. Put mop and bucket back immediately after use Place waring signage in position appropriate to the need Do not allow the floor to become too wet To avoid back strains, use a straight back posture when mopping Rotate jobs when repetitive work is required 	



Activity: Toilet Cleaning (Cont'd)		Area: Toilets	
ACTIVITY	POTENTIAL HAZARDS	CONTROLS MEASURES	
Wash all parts of the toilet bowls /urinals with disinfectant & thoroughly rinse toilet brush with disinfectant	 Contact with chemicals- incorrect handling procedures Contamination from bowl and urinal. Chemical splashes 	 SDS, chemical specific instructions and PPE relative to the chemical in place Substances stored and labelled and stored correctly Safety rules for SDS made aware of and available 	
Liners to be replaced on bins	 Strains/sprain injury from lifting bin off floor Ergonomic hazards such as poor work posture Cuts/abrasions from broken glass 	 Ensure staff are trained in manual handling Job rotation Modify task requirements to reduce bending Train staff in removing sharp objects form waste containers and wrapping and placing in appropriate recycling container 	
Hand Basins and mirrors: Clean basins with detergent solution, removing scum & soil around and under taps & other fixtures. Rinse with clear water and wipe dry. Clean mirror with damp sponge & dry	 Ergonomic hazards such as poor work posture Cuts/abrasions from broken glass 	 Use only approved ladders for height access. Do not stand on benches or other furniture. Avoid breathing in spray from cleaning solutions. Refer to SDS for appropriate PPE for glass cleaning solution. Do not over stretch to reach areas. 	



TRAINING REQUIRED TO COMPLETE ACTIVITY	CODES OF PRACTICE, LEGISLATION, STANDARDS WHICH APPLY TO THIS ACTIVITY			
 Manual handling safe work practices general Sharps collection and disposal 	 WHS Act and Regulation NSW 2011 Code of Practice - Hazardous manual tasks Code of Practice - How to manage work health and safety risks Code of Practice - Managing risks of hazardous chemicals in the workplace 			
LIST EQUIPMENT / PERSONAL PROTECTIVE EQUIPMENT REQUIRED FOR THIS ACTIVITY	LIST EQUIPMENT MAINTENANCE CHECKS REQUIRED FOR THIS ACTIVITY	ENGINEERING CERTIFICATES/PERMITS/APPROVALS REQUIRED FOR THIS ACTIVITY		
 Rubber gloves Mop Bucket 	 Toilet brush Cloths Sharps container 	 All equipment must be washed in clean detergent solution after use, and then hung to dry. Mop heads to be hung up to dry Cleaners room to be left clean and tidy 		



Activity: High Dusting		Name: Ash Jones Signature:	
Likelihood: unlikely	Risk: Low	Position: General Manager 77777 Date: 15.01.2021	
Potential Consequences: Minor Responsible Person: All workers		Area: All Areas	
ACTIVITY	POTENTIAL HAZARDS	CONTROLS MEASURES	
If necessary use a ladder Follow correct procedure of using ladders	 Slip, trip, fall, causing abrasions, sprains and strains 	 Procedures available and understood by cleaners Risk assessment of activities undertaken prior to commencement of work 	
Use vacuum with small brush for grill type air vents	 Manual handling causing muscular/skeletal injury 	 Training and assessment of competency, including manual handling specific to the task Do not stretch beyond your capacity 	
Use small bucket, detergent solution	 Contact with chemicals- incorrect handling procedures Skin, eye and breathing irritation 	 SDS, chemical specific instructions and PPE relative to the chemical in place Substances stored and labelled and stored correctly Safety rules for SDS made aware of and available 	



TRAINING REQUIRED TO COMPLETE ACTIVITY	CODES OF PRACTICE, LEGISLATION, STANDARDS WHICH APPLY TO THIS ACTIVITY		
 Manual handling safe work practices general 	 WHS Act and Regulation NSW 2011 Code of Practice - Hazardous manual tasks 		
	 Code of Practice - How to manage work health and safe 	ety risks	
LIST EQUIPMENT / PERSONAL PROTECTIVE EQUIPMENT REQUIRED FOR THIS ACTIVITY	CERTIFICATES/PERMITS/APP		
 Gloves Small bucket Clean cloths High dust tool Vacuum with small brush attachment Ladder 	 Equipment to be checked before use and after use for damage or unsafe condition 	• Nil	



Activit	y: Dusting	Name: Ash Jones Signature:	
Likelihood: Unlikely Potential Consequences: Minor	Risk: Low	Position: General Manager June Date: 15.01.2021	
Responsible Person: All workers		Area: All Areas	
ACTIVITY	POTENTIAL HAZARDS	CONTROLS MEASURES	
Vertical surfaces to be cleaner first using a damp detergent cloth. On vertical surfaces dusting must be done from top to bottom using smooth even strokes- pay attention to corners wringing out cloth frequently	 Contact with chemicals- incorrect handling procedures Skin, eye and breathing irritation 	 SDS, chemical specific instructions and PPE relative to the chemical in place Substances stored and labelled and stored correctly Safety rules for SDS made aware of and available 	
When dusting horizontal surfaces start with the highest furniture tops and work down to the lowest furniture surfaces	 Manual handling causing muscular/skeletal injury 	 Training and assessment of competency, including manual handling specific to the task Do not reach or stretch beyond your capacity use ladders to reach are not within your normal capacity 	



TRAINING REQUIRED TO COMPLETE ACTIVITY	CODES OF PRACTICE, LEGISLATION, STANDARDS WHICH APPLY TO THIS ACTIVITY		
Manual handlingsafe work practices general	 WHS Act and Regulation NSW 2011 Code of Practice - Hazardous manual tasks Code of Practice - How to manage work health and safety risks 		
LIST EQUIPMENT / PERSONAL PROTECTIVE EQUIPMENT REQUIRED FOR THIS ACTIVITY	LIST EQUIPMENT MAINTENANCE CHECKS REQUIRED FOR THIS ACTIVITY	ENGINEERING CERTIFICATES/PERMITS/APPROVALS REQUIRED FOR THIS ACTIVITY	
 Gloves Small bucket Clean cloths Duster 	 Equipment to be checked before use and after use for damage or unsafe condition Dusters and dust cloths must be cleaned after use 	 Nil 	



Activity: Glass Cleaning		Name: Ash Jones Signature:		
Likelihood: Rare	- Risk: Low	Position: General Manager		
Potential Consequences: minor		Date. 13.01.2021		
Responsible Person: All workers		Area: External & Internal Glass		
ACTIVITY POTENTIAL HAZARDS		CONTROLS MEASURES		
Spray glass area to be cleaned or on cloth if in theatres commencing from the top & working downwards If glass is particularly dirty or dusty, an additional wipe to remove excess cleaner may be necessary	 Contact with chemicals- incorrect handling procedures Skin, eye and breathing irritation Abrasions, sprains and strains Ergonomic hazards such as poor work posture Cuts/abrasions from broken glass 	 Hazardous substances risk assessments, SDS, chemical specific instructions and PPE relative to the chemical in place Substances stored and labelled and stored correctly Safety rules for SDS made aware of and available Use only approved ladders for height access. Do not stand on desks or other office furniture Avoid damaged glass, wear PPE. 		



TRAINING REQUIRED TO COMPLETE ACTIVITY	CODES OF PRACTICE, LEGISLATION, STANDARDS WHICH APPLY TO THIS ACTIVITY			
 Manual handling 	WHS Act and Regulation NSW 2011			
 safe work practices general 	 Code of Practice - Hazardous manual tasks 			
	 Code of Practice - How to manage work health and safety risks 			
	 Code of Practice - Managing risks of hazardous chemicals in the workplace 			
	 Code of Practice - Managing the risk of falls at workplaces 			
LIST EQUIPMENT / PERSONAL PROTECTIVE EQUIPMENT REQUIRED FOR THIS ACTIVITY	LIST EQUIPMENT MAINTENANCE CHECKS REQUIRED FOR THIS ACTIVITY	ENGINEERING CERTIFICATES/PERMITS/APPROVALS REQUIRED FOR THIS ACTIVITY		
 Gloves Covered footwear Small bucket Clean cloths Eye protection when cleaning glass at heights 	 Equipment to be checked before use and after use for damage or unsafe condition 	 Nil 		



Work Method Statements					
Activity: Transporting and using chemicals		Name: Ash Jones	Signature:	1	
Likelihood: Unlikely	Risk: Medium	Position: General Manager		4. Jon	
Potential Consequences: Moderate		Date: 15.01.2021			
Responsible Person: All workers		Area: Cleaner's Store Room			
ACTIVITY	POTENTIAL HAZARDS	CONTROLS MEASURES		JRES	
Transporting chemicals	 Spills and mixing of chemicals Mishap or incorrect handling procedures Contact with chemicals 	 Providing aids to transport chemicals, providing more suitable containers or methods of transporting chemicals throughout the plant. Use trolley to move large containers 2 person lifts as required 		-	
Obtaining chemicals and the use of chemicals	 Incorrect storage Elevated exposure levels Lack of information Contact with chemicals Not wearing PPE 	 SDS's available and emergency response / first aid procedures clearly posted SDS, chemical specific instructions and PPE relative to the chemic in place Substances stored and labelled and stored correctly Safety rules for SDS made aware of and available 		nd PPE relative to the chemical correctly	



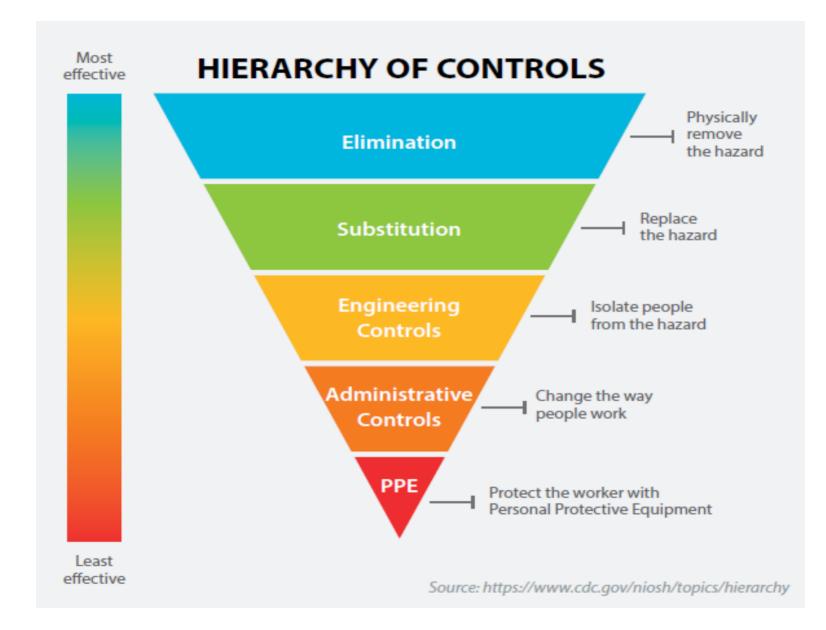
TRAINING REQUIRED TO COMPLETE ACTIVITY	CODES OF PRACTICE, LEGISLATION, STANDARDS WHICH APPLY TO THIS ACTIVITY			
 Chemicals handling, storage and decanting Reading of SDS Risk assessments 	 WHS Act and Regulation NSW 2011 Code of Practice - Hazardous manual tasks Code of Practice - How to manage work health and safety risks Code of Practice - Managing risks of hazardous chemicals in the workplace 			
LIST EQUIPMENT / PERSONAL PROTECTIVE EQUIPMENT REQUIRED FOR THIS ACTIVITY	LIST EQUIPMENT MAINTENANCE CHECKS REQUIRED FOR THIS ACTIVITY	ENGINEERING CERTIFICATES/PERMITS/APPROVALS REQUIRED FOR THIS ACTIVITY		
 Gloves Appropriate protective clothing Decanted bottles Labels if appropriate 	 Chemicals adequately labelled Containers in good condition First aid kit maintained 	• Nil		



Risk Matrix

			Potential Consequences				
		L6	L5	L4	L3	L2	
			Minor injuries or discomfort. No medical treatment or measureable physical effects.	Injuries or illness requiring medical treatment. Temporary impairment.	Injuries or illness requiring hospital admission.	Injury or illness resulting in permanent impairment.	Fatality
			Not Significant	Minor	Moderate	Major	Severe
	Expected to occur regularly under normal circumstances	Almost Certain	Medium	High	Very High	Very High	Very High
pq	Expected to occur at some time	Likely	Medium	High	High	Very High	Very High
Likelihood	May occur at some time	Possible	Low	Medium	High	High	Very High
	Not likely to occur in normal circumstances	Unlikely	Low	Low	Medium	Medium	High
	Could happen, but probably never will	Rare	Low	Low	Low	Low	Medium





SITE SWMS TRAINING INDUCTION FORM FOR GENERAL CLEANING

Training Tasks:	Waste Removal, Dusting, Dry & Wet Mopping, Glass Cleaning, Sweeping Floors, Transporting and Using Chemicals, Vacuuming, Toilet Cleaning, High Dusting		
Location / Site:			
Trainer / inductors Name:		Signature:	

Sign off - Acknowledgement: I confirm that I attended the session listed above. I listened, read, watched and understood the information that was delivered, and I understand that if I have questions, at any time, I will consult with my immediate supervisor.

No.	NAME	SIGNATURE OF CLEANER - PLEASE READ ACKNOWLEDGEMENT ABOVE	DATE OF TRAINING & INDUCTION
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